



## PHYSICAL FITNESS AWARDS NOMINATION

The South Carolina Governor's Council on Physical Fitness will hold its eighth annual awards banquet on April 21<sup>st</sup>, 2004 to honor outstanding leaders in the field of physical activity. The Governor's Council aims to promote health by increasing levels of physical activity, and would like to commend those also committed to this important mission. Awards are presented in the following categories: individual, community, school, worksite, media, public policy, and faith-based for their efforts in advancing the levels of physical activity in the state of South Carolina.

The awards will be presented during a dinner at the eighth annual "Promoting an Active South Carolina Conference" on April 21<sup>st</sup> at the Sheraton Hotel and Conference Center in Columbia. The conference will familiarize participants with national trends and issues, as well as innovative programs in physical activity. The theme of the conference is "Painting our Future... Just Imagine" and will feature speakers in the area of policy and environmental change for physical activity promotion.

**Please Return all Nomination forms by Friday, March 26, 2004.**

### Awards Criteria

The **Community Award** recognizes an organization or group which encourages and promotes physical activity in the community. The nominee:

1. encourages community physical activity participation
2. serves as a model for other groups in physical activity
3. provides leadership in physical activity events

The **School Award** is given to a school which encourages and promotes physical activity among teachers, staff, and students. The nominee:

1. encourages teachers, staff, and students to be more physical active
2. provides time for teachers and staff to participate in physical activity
3. provides physical activity seminars or workshops at school for teachers and staff
4. supports physical fitness in Physical Education classes
5. provides a walk route or after-school fitness class

The **Worksite Award** recognizes a business which encourages and promotes employee physical activity. The nominee:

1. provides onsite fitness programs
2. encourages employees to attend fitness programs within the community or to work out on their own
3. provides onsite workshops or seminars on physical activity
4. provides incentives for employees to be physically active

The **Individual Award** is given to a person who exemplifies a physically active lifestyle. The nominee:

1. provides a positive role model for physical activity
2. exhibits safe, healthy fitness habits
3. encourages others to live healthier more physically active lives

The **Faith-Based Award** is presented to a church, synagogue, mosque, or other religious organization or affiliated group which encourages and promotes physical activity among members. The nominee:

1. provides physical activity programs to members
2. encourages members to attend programs within the community or to work out on their own
3. provides workshops or programs on physical activity

The **Public Policy Award** is presented to a local, state, or national policy maker or group of policy makers who support physical activity through changes in public policy. The nominee:

1. sponsors or publicly endorses a policy or policies that support physical activity issues
2. encourages other policy makers to support physical activity issues

The **Media Award** is presented to a newspaper, television station, radio station, or to an individual reporter, for outstanding physical coverage of physical activity. The nominee:

1. encourages the public to lead physically active lifestyles
2. actively promotes physical activity through stores, public service announcements, or news reports
3. promotes the Surgeon General's physical activity message to the public



Please Return by March 26, 2004 to:

SC Governor's Council on Physical Fitness  
DHEC- Mills/Jarrett Complex  
Box 101106  
Columbia, SC 29211  
Attention: Josh Swift

Physical Fitness Award Nomination Form

This nomination is for the: (check only ONE)

- ☐ **Community Award** will be given to an organization or group which encourages and promotes physical activity in the community.
- ☐ **School Award** will be given to a school which encourages and promotes physical activity among teachers, staff, and students.
- ☐ **Worksite Award** will be given to a business which encourages and promotes employee physical activity.
- ☐ **Individual Award** will be given to a person who exemplifies a physically active lifestyle.
- ☐ **Faith-Based Award** will be given to a church, synagogue, mosque, or other religious organization or affiliated group which encourages and promotes physical activity among members.
- ☐ **Public Policy Award** will be given to a local, state, or national policy maker or group of policy makers who support physical activity through changes in public policy.
- ☐ **Media Award** will be given to a newspaper, television station, or radio station, or to an individual reporter, for outstanding coverage of physical activity.

Nominee (Name of Group or Individual):

\_\_\_\_\_

Group Contact Person: \_\_\_\_\_

Address:

\_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

Person Submitting Nomination: \_\_\_\_\_

Address:

\_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

**Please attach *two-four* pages of documentation to help support the nomination for this group or individual.**

**All Criteria Must Be Addressed.**

How did you hear about the Awards Program? \_\_\_\_\_

*If you have any questions about the award nomination process, please call Amy Splittgerber at 803-798-9086.*